We have a Vision: A world where women control their own bodies, reproduction and sexuality. Women’s Health Specialists is dedicated to providing women-controlled health care and advocating all options for all women. Only with dignity and freedom of choice can women achieve their full potential.

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"I love WHS, always providing the information I need in a caring, non judgemental space."
- WHS Client

Clinic Sites

1. 1901 Victor Ave. Redding, CA 96002
   530.221.0193

2. 1469 Humboldt Road, Suite 200 Chico, CA 95928
   530.891.1911

3. 984 Plaza Drive, Suite S Grass Valley, CA 95945
   800.714.8151

Visit Us! CaWHS.org

"I always feel respected and well cared for at the clinic."
- WHS Client

Our Mission

We have a Vision: A world where women control their own bodies, reproduction and sexuality. Women’s Health Specialists is dedicated to providing women-controlled health care and advocating all options for all women. Only with dignity and freedom of choice can women achieve their full potential.
A Message to Our Communities

Thank you for your continued support. We are proud to report that throughout this pandemic year we remain steadfast and strong. There have been multiple legal and physical assaults on women's rights throughout the country, and people of color and democracy itself are in peril. Women's Health Specialists proudly serves all people in our communities, without interruption, while vigorously standing for social justice. We promise to continue to exert our full efforts to meet any and all impediments that may arise in these challenging times. We appreciate and count on your support for Women's Health Specialists to empower the next generation.

In solidarity and justice,
Katrina Cantrell, Executive Director

Advocacy

Stop the Bans March: Abortion access has been under attack like never before. WHS joined Planned Parenthood, ACLU, NARAL, the California Democratic Legislative Women’s Caucus, and more in a national #StoptheBans Day of Action on the State Capitol Steps in Sacramento.

Outreach and Education

PEER EDUCATOR PREVENTION TRAINING FOR L.I.F.E CENTER YOUTH

WHS continues to provide fun, informative and engaging educational presentations to the community. WHS presented to a variety of different groups and organizations on a monthly basis. In addition, the outreach department also tabled events, distributed condoms and street outreach to connect our services to those most in need.

Reproductive Justice

WHS attends the largest Reproductive Justice Conference hosted by Sister Song. SisterSong, the National Women of Color Reproductive Justice Collective is celebrated 22 years of amplifying the voices of Indigenous people and folks of color on October 25-27, 2019 at the Hyatt Regency in Atlanta, GA. This year, the theme was Accountability. Transcendence. Liberation.

Lights for Liberty: A local peaceful vigil to end Human Detention Camps. The main gatherings were at the detention camps themselves, sister events were held across the country, and internationally, to protest the inhumane conditions faced by refugees. Redding staff and volunteers attended the local event held July 12th, 2019 to stand in solidarity and raise awareness.